

Nombre y apellido: \_\_\_\_\_ Fecha: \_\_\_\_\_

In my class, I teach students about effective effort and cultivating a "growth mindset" instead of a "fixed mindset". Students with a fixed mindset believe that they are one way (smart, not smart, good at Math, bad at Math, etc.) and they can't change that. Students with a growth mindset believe they can always improve by working hard and using a combination of tools that we all have at our disposal.

Here is what it means to work hard in Spanish class:

- **Time**: A willingness to spend the hours needed to finish the job well.  
Are you willing to spend the time you need on Spanish?
- **Focus**: Concentrating only on the work; no TV or other distractions.  
Do you concentrate only on Spanish and focus when studying and doing HW?
- **Resourcefulness**: Knowing where to go and whom to ask for help. Do you ask a knowledgeable friend or come to me during study hall if you don't understand something?
- **Use of feedback**: Listening to responses to my work so I know what to "fix" if necessary. Your grade on a quiz or test is a form of feedback. It's easy to get defensive and avoid dealing with it. It's more difficult to look it straight in the eye, admit that something isn't working, and try to change that something. Are you willing to do that?
- **Commitment**: Being determined to finish and do my *very best* work.  
Are you committed to doing your best work in Spanish class?
- **Strategies/Persistence**: If a strategy isn't working, trying different ones until one works successfully.  
Will you keep trying different strategies until you find some that work?

